

Sierra Adventures

Mammoth '84



with David Beck
& Izzy



WHAT IS THERE TO DO DURING A MAMMOTH SUMMER?

Join us for a Sierra Adventure. There is something for everyone in our program, regardless of age or experience. Hiking, canoeing, mountaineering and wilderness skills such as backcountry cooking and route finding will enhance your wilderness experience. You will have fun as you come to learn and understand the wilderness surrounding Mammoth.

As Sierra Ski Touring in the winter, we are one of the oldest and most active ski schools in North America. We intend to maintain the same high standards of professionalism and safety in the summer as in every other season. Our summer program is designed to be safe, informative, fun and easy as possible.

David Beck, Sierra Adventures director, has been a ski mountaineer for over thirty years. He has been a guide in the Sierra, Tetons and Canada. He is the author of Ski Touring in California. He is also a map and compass route finding fanatic.

Wayne "Izzy" Iseri, program manager, has been a canoe and ski guide in the Minnesota-Canadian Boundary Waters. A resident of Mammoth Lakes for 5 years, Izzy brings his Minnesota teaching experience and background in experiential education to our program. Also a dynamite cook and percussionist.

DAY TRIPS

Izzy's wonderful lunches will be provided.

CANOE TRIPS: Paddle down the meandering Owen's River, glide over the crystal clear waters of the Mammoth Lakes or explore the fascinating Mono Lake shoreline. Learn basic canoe techniques, fish for trout and take pictures from the unique perspective of a canoe.

Fee: \$35

DATES: Every Sunday, June through September.

DAY HIKES: The best way to discover our local wild rivers, meadows, mountains and lakes. This is an easy, fun introduction to the backcountry surrounding Mammoth Lakes. Bring fishing gear, camera, flower book, etc.

FEE: \$30

DATES: June 23, July 2, 15, 28, August 4, 25, September 3.

NO WIMP HIKES are for the experienced fit hikers who are acclimatized and ready for a real challenge. The twenty mile plus hikes will feature many elevation changes and spectacular views. These hikes are truly memorable

FEE: \$30

DATES: July 3, 28, August 5, 18, September 4.

BACKCOUNTRY COOKING: Take a short hike to a lakeside camp and have a practical hands-on cooking and eating experience. Creative approaches to backcountry cooking problems, site location, nutrition, comparing pre-packaged vs. homemade meals, sanitation and much more will be covered. A fun course where you will learn to prepare meals for all types of trips. Izzy's Teriyaki will be featured.

FEE: \$35

DATES: June 30, July 7, 14, 27, August 4, 25, September 8.

MAP & COMPASS: Wilderness navigation is vital for those travelers who want to visit the "really good places". The course will have a short slide presentation; then we will spend the rest of the day outside. Simple map reading to dead reckoning with map, compass and altimeter will be covered. We will also have a short orienteering course where you may apply your newfound skill.

FEE: \$35

DATES: June 30, July 21, 28, August 12, 27, September 2.

SURVIVAL DAYS: What would you do if your child or friend didn't return at the end of a day of hiking or skiing, or if one of your party became injured? Our survival courses are

designed to teach adults and children how to cope with wilderness emergencies. Basics such as the "ten essentials" and the "rule of fives" will be covered. This is an intensive one-day course.

FEE: \$35

CHILDREN age 10 and up, July 4, 14, 27, August 11, 31.

ADULTS, June 24, July 2, 29, August 18, 26, September 1.

TELEMARK DAYS: It's fun to ski in the summer sun, and along the Mammoth Crest there is always somewhere to ski. The slopes leading up to the Blue Couloir and the Bowsprit corn up nicely and are often good through August. Novice to expert technique will be offered.

FEE: \$30

DATES: June 23, July 1, 7, 14, August 19, September 8, October 27.

WEEKENDERS

Community gear and all meals, including Izzy's lunches, provided.

BACKPACKING WEEKEND: Hike with us to a secluded mountain lake and experience the magic and peace of the High Sierra. Both novice and old pro will get a lot out of this trip. Fish, explore, sharpen wilderness skills or simply relax and escape into a world of mountain serenity. Izzy's gourmet teriyaki dinner will be a definite highlight.

FEE: \$70

DATES: JULY 21-22, August 11-12

SKI MOUNTAINEERING: Ski the Mammoth Crest and learn about route finding and essential techniques such as crevasse rescue, snow anchors and roped skiing. Bring your skis, ice axe and crampons.

FEE: \$80

DATE: July 7-8

WILDERNESS MEDICINE: Sometimes simple first aid is not enough. This course will be taught by Jerry Berman, M.D., assisted by David Beck.

FEE: \$85

DATE: SEPTEMBER 22-23

EXTENDED TRIPS

Community gear and food provided.

WILDERNESS SURVIVAL: The essence of living and traveling in the High Sierra wilderness is in knowing how to get along without trails and with a minimum of food and shelter. In order to find out what is possible you must push yourself, explore limits. Self reliance, ingenuity and attitude are important elements in survival situations. These elements are even more important than skills. Our six day course will help you find these qualities in yourself in addition to teaching many basic skills. This course is also offered in the winter.

FEE: \$300

DATES: August 19-25, October 6-11

GARDINER BASIN HIGH CAMP:

Hike up to some of the nicest high country you will ever see. The blue lakes invite fishing and the shorelines lounging, while the nearby peaks lure climbers. We'll definitely try for the summit of Mt. Clarence King. We visit the basin in the Indian Summer when the hordes of hikers and mosquitos are gone. Going in, you will have a light pack. All that you carry in will be your personal gear and lunches.

FEE: \$325

DATE: September 15-21

GUIDE SERVICE

MOUNTAINEERING: CANOEING: WILDERNESS SKILLS SKIING:

A year-round guide and lecture service. We provide a personal service whether it's canoeing, climbing, skiing in the wilderness or lecturing a large group in a city. For large groups our fee is inexpensive. Let us help design an activity for your group; we do it all the time.

FEE: \$95 a day for one client

\$140 a day for two or more clients

NOTE: The fee does not apply to scheduled events and we may have to charge expenses. Group size is limited for some activities.

Daily cross-country ski lessons and tours will be available.

North of Mammoth Mountain there is a vast area of meadows and rolling hills that is perfect cross-country ski terrain. The Kaplan Ski Hut is located on the southern edge of this area. It is a warm, comfortable, roomy structure maintained in the style of the Scandinavians, with a sauna and even ski tracks. The perfect vacation for skiers seeking the winter wilderness. Includes skiing and telemark lessons, natural history tour, avalanche and survival instruction. FEE: \$180 DATE: November 22, December 10, 22, 27, 1984; January 1, 28, February 4, 25, March 11, April 1

A two-day package available every non-holiday weekend November through June.

CROSS COUNTRY EVENTS: The winter wonderland of the Sierra is open to all, from beginner to advanced nordic skier. We offer a wide variety of tempting packages to brighten up your winter.

Death Valley Flower Tour: Ski Telescope Peak and enjoy the flowers. FEE: \$360 DATE: March 18-22

East Side Hot Springs Tour: Day skiing and hot springs for the novice. FEE: \$360 DATE: March 31-April 5

Arc Dome in the Toiyabe Mountains: A magic tour in mid-Nevada. FEE: \$250 DATE: April 8-12

White Mountains Traverse: Ski among the Bristlecones. FEE: \$380 DATE: April 15-20

Sierra High Route: The cleanest high line across the Sierra. FEE: First half \$380 DATE: First half April 29-May 4 FEE: Second half \$420 DATE: Second half May 5-12 FEE: Full trip \$700 DATE: Full trip April 29-May12

High Camps: Telemark and explore without a pack.

Mt. Shasta FEE: \$340 DATE: June 16-21

Mineral King FEE:\$340 DATE:June 2-7

Thousand Island FEE: \$340 DATE: Feb. 24-March 1

Tyndall FEE: \$300 DATE: May 5-10
Comprehensive Avalanche School: with Ed LaChapelle, Norm Wilson, Doug Powell and David Beck. FEE: \$250 DATE: January 19-22

Winter Search and Rescue with Dick Martin
and David Beck. FEE: \$200 DATE: December
5-10, 1984

Telemark Camps: FEE:\$125 DATES: May 25-27; July 4-6

— and much more. Please contact us for a brochure.

A 50 percent deposit is required to reserve a place in one of our events. Complete payment is required three weeks before the event.

If we are forced to cancel an event more than two weeks before it is scheduled, we will make a complete refund. Otherwise, we will provide an alternate event or issue a credit. This does not happen often, but we cannot control the weather. If you cancel more than three weeks before an event or if we can fill your place, we will refund your money less 10 percent of the event fee.

You understand there are risks in our activities for which no one can be held responsible. You must notify us if there are any physical or other reasons which might affect your well-being during an event.

Sierra Ski touring is a member of the Professional Ski Instructors of America. We are fully insured. We operate under permits from Inyo National Forest, Sequoia Kings Canyon National Park, Toiyabe National Forest and Death Valley National Monument.

Application

Here is a deposit of _____

for

Name: _____

Address: _____ **Zip:** _____

Phone: Work _____

Home _____

Vegetarian? ☐ Yes ☐ No Age: _____

Persons under age 21 must have signature of parent or guardian.

**FREE SLIDE SHOWS AND TALKS
at RICK MILLER'S WILDERNESS
OUTFITTERS.**

Every Wednesday evening at 7:30. Contact us or RICK'S, 934-3078, for information about the show's subjects.

TO GO ON A TRIP, please if possible make a reservation, group sizes are limited. Come by **RICK MILLER'S WILDERNESS OUTFITTERS** where we have a small office. **RICK'S** is located on Old Mammoth Road, next to the Chart House restaurant. All events start at **RICK'S** at 8:00 a.m., except for the **NO WIMPS** hikes which start at 6:00 a.m. from **RICK'S**. By the way, if you are looking for backpacking rentals, **RICK'S** is the place to go. It's the most complete ski touring, mountaineering, backpacking and kayak shop in the Eastern Sierra.

It is traditional on our trips that everyone brings something to share; food, poetry or whatever.

On all of our trips we supply meals, including Izzy's wonderful lunches, and community gear. Equipment lists and trip description sheets are available. Contact us if you have questions.



Sierra Adventures
BOX C-9

Mammoth Lakes, CA 93546
(619) 934-4495

Sierra Adventures Mammoth '84



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KAYAK ROLL CLINICS by appointment **INQUIRE AT** **RICK MILLER'S WILDERNESS** **OUTFITTERS**

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